

<u>Week 1</u>	Monday	Tuesday	Wednesday	Thursday	Friday
Main course choices Filled Jacket potatoes available daily as alternative to main course with variety of toppings	100% Beef burger Or Onion Bahji burger (V) served in a bun with tomato relish	Traditional lasagne Or Mediterranean vegetable lasagne (V)	Roast leg of pork (GF) with apple sauce Or Vegetarian cottage pie (V)(GF) (DF)	Mild Chicken curry (DF) Or Mild Vegetable curry (V)(GF)(DF)	Fishfingers x 3 With tomato ketchup Or Vegetable Wraps (V)
Side dishes	Mashed potato, garden peas and carrots or fresh seasonal salad	Mixed vegetables or fresh seasonal salad	Roast potatoes, carrots, cabbage and gravy or fresh seasonal salad	Vegetable rice and mini naan bread or fresh seasonal salad	Chips and baked beans or fresh seasonal salad
Grab and go items Sandwiches and wraps available daily					
Dessert of the day Fruit & homemade tray bakes available daily	Chocolate Cookie ice cream 'sandwich'	Bakewell Tart	Jam & Coconut sponge	Fruit Crumble and custard	Lemon Curd shortbread slice

All Main courses cost £1.95 each. All desserts and tray bakes 80p

Why not have a meal deal for £2.50 and save 20p!

Did you know...?

All our meat is Farm Assured and we use a range of local suppliers, our eggs are free range and we use organic, seasonal products where possible.

Take a look at the notice boards for special offers and all prices for other items sold.

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main course choices Filled Jacket potato available daily as alternative to main course with a variety of toppings	Farm Assured Pork Sausage Or Veggie Sausage (V)(GF)	Lamb pasta bake Or Macaroni Cheese (V)	Roast Beef (GF)(DF)with Yorkshire pudding Or Lentil loaf (V)(GF)	Homemade pizza slice with a choice of meat and vegetarian (V) toppings	Battered fish fillet Or Cheesy and leek potato bake (V)(GF)
Side dishes	Baked potato wedges, and fresh mixed salad	Mixed vegetables or fresh seasonal salad	Roast Potatoes, carrots, green beans and gravy or fresh seasonal salad bar	Mixed vegetables or fresh seasonal salad bar	Mashed potato, corn or fresh seasonal salad bar
Grab and go items Sandwiches and wraps available daily					
Dessert of the day Fruit & homemade tray bakes available daily	Cherry filled Pancakes	Pear & Chocolate Muffin cake	Fruit jelly	Chocolate sponge with chocolate sauce	Strawberry fool

All Main courses cost £1.95 each. All desserts and tray bakes £0.80

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Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main course choices Filled Jacket potato available daily as alternative to main course with a variety of toppings	Marinated Chicken wrap Or Beany wrap with tomato salsa (V)(DF)	Spaghetti Bolognese (DF) Or Spaghetti served with a rich tomato sauce (V)(DF)	Roast Chicken (GF)(DF) with stuffing Or Quorn Roast (V)(GF)(DF)	Bacon and Cheese Quiche Or Cheese and Potato Pasty (V)	Homemade Fishcake Or Cheesy Egg (V)
Side dishes	Spicy rice, corn on the cob or fresh seasonal salad bar	Garlic bread, Mixed vegetables or fresh seasonal salad	Roast Potatoes, carrots, peas and gravy or fresh seasonal salad bar	Potato croquettes, garden peas or fresh seasonal salad bar	Chips and baked beans or fresh seasonal salad bar
Grab and go items Sandwiches and wraps Available daily					
Dessert of the day Fruit & homemade tray bakes available daily	Banana toffee flapjack	Carrot Cake with frosting	Cheese and biscuits	Millionaires shortbread	Apple turnover

All Main courses cost £1.95 each. All desserts and tray bakes £0.80

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